

## **Newsletter April 2018**

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**Medicare Help:** There will be a Choices Counselor available for individual appointments on March 22<sup>nd</sup> and March 27<sup>th</sup> 10-12. Call Eileen to schedule your appointment.

There will be a **NEW TO MEDICARE** presentation by Choices Counselor, Lisa, from SWCAA at the Easton Library on Saturday March 24<sup>th</sup> 11-1. Refreshments will be served. Call Eileen to reserve your spot.

**Healing The Heart:** Along with Clinical Social worker, Marguerite Mcvay I will be running a FREE 5 week Supportive Workshop for those who have experienced the loss of a loved one. This loss does not have to be recent. This is an educational, interactive and supportive group which will meet at the Easton Senior Center for 5 consecutive weeks on Thursdays 4/19, 4/26, 5/3, 5/10, 5/17. Call Eileen to reserve your spot.

**Senior Tax Relief :** It is time to apply for **state** and **local tax relief** if you feel that you may qualify. Call Rachel at the assessor's office 203-268-6291 if you have questions and if you need forms.

### **Panel of senior care organizations at Easton Library**

**Wednesday April 25<sup>th</sup> 6-8pm:** Come and find out more about the ins and outs of Home Care, Assisted Living, Rehabilitation, Palliative Care & Hospice and An Elder Law Attorney. Refreshments will be served. Call Eileen to reserve your spot